

LONG COVID SYMPTOM ASSESSMENT SHEET

Circle your areas of concern and bring this sheet to your appointment.



Mental Health

- Anxiety
- Depression
- Sleep problems
- Substance abuse



Respiratory System

- Cough
- Low blood oxygen
- Shortness of breath



Kidney

- Acute kidney injury
- Chronic kidney disease



Gastrointestinal

- Diarrhea
- Acid reflux
- Constipation



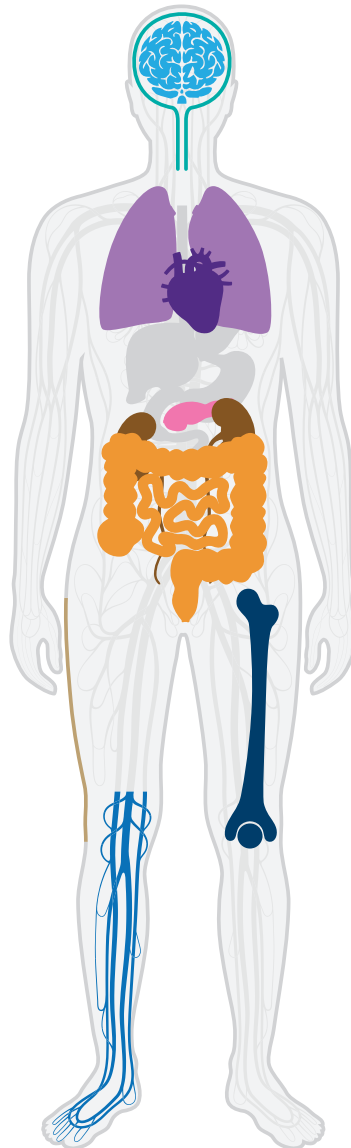
Skin Disorders

- Rash
- Hair loss



Blood Disorders

- Anemia
- Blood clots



Nervous System

- Stroke
- Headaches
- Memory problems
- Loss of smell and taste



Cardiovascular

- Arrhythmia
- Palpitations
- Heart failure
- Acute coronary disease



Metabolic/Endocrine

- Obesity
- Diabetes
- High cholesterol



Musculoskeletal

- Joint pain
- Muscle weakness



General

- Fatigue
- Malaise
- Mitochondrial dysfunction

